

VI Bieg Niepodległości
Nieporęt 11.11.2022



Mężczyźni 10 km OPEN

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Kat. Wiek. | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|--------------|------------|---------------|------|------------|----------------------|-------------|--------------|----------|------------|
| 1 | 207 | Mikulski | Tomasz | 1996 | M | M18-29 | Kampinos | 00:34:32,80 | 00:34:34,95 | 00:03:27 | 17,36 km/h |
| 2 | 230 | Pyrzak | Paweł | 1985 | M | M30-39 | Warszawa | 00:35:30,30 | 00:35:30,95 | 00:03:33 | 16,89 km/h |
| 3 | 163 | Kleczewski | Piotr | 2005 | M | M13-17 | | 00:35:51,70 | 00:35:52,35 | 00:03:35 | 16,73 km/h |
| 4 | 235 | Robak | Dominik | 1985 | M | M30-39 | Warszawa | 00:36:15,80 | 00:36:16,85 | 00:03:38 | 16,54 km/h |
| 5 | 121 | Błocki | Adrian | 1990 | M | M30-39 | Wieliszew | 00:36:22,85 | 00:36:23,50 | 00:03:38 | 16,49 km/h |
| 6 | 211 | Mirowski | Jarosław | 1978 | M | M40-49 | | 00:37:07,75 | 00:37:10,45 | 00:03:43 | 16,15 km/h |
| 7 | 204 | Michaś | Patryk | 2002 | M | M18-29 | Stanisławów Pierwszy | 00:37:22,30 | 00:37:22,95 | 00:03:44 | 16,05 km/h |
| 8 | 264 | Wiktorowicz | Szymon | 1996 | M | M18-29 | Tomaszów Mazowiecki | 00:37:26,55 | 00:37:27,60 | 00:03:45 | 16,02 km/h |
| 9 | 269 | Woźniak | Przemysław | 1984 | M | M30-39 | Legionowo | 00:37:29,70 | 00:37:33,35 | 00:03:45 | 16 km/h |
| 10 | 252 | Stępień | Grzegorz | 1974 | M | M40-49 | Opoczno | 00:37:42,70 | 00:37:45,50 | 00:03:46 | 15,91 km/h |
| 11 | 205 | Mielczarek | Krzysztof | 1974 | M | M40-49 | Warszawa | 00:38:15,40 | 00:38:17,55 | 00:03:50 | 15,68 km/h |
| 12 | 274 | Zarodkiewicz | Dawid | 1989 | M | M30-39 | Warszawa | 00:38:32,45 | 00:38:34,90 | 00:03:51 | 15,56 km/h |
| 13 | 278 | Zięborak | Szymon | 1984 | M | M30-39 | | 00:38:50,75 | 00:38:53,80 | 00:03:53 | 15,44 km/h |
| 14 | 232 | Regulski | Dariusz | 1968 | M | M50-59 | Ostrołęka | 00:38:55,65 | 00:38:58,45 | 00:03:54 | 15,41 km/h |
| 15 | 245 | Siepietowski | Piotr | 1969 | M | M50-59 | Warszawa | 00:39:00,90 | 00:39:05,60 | 00:03:54 | 15,37 km/h |
| 16 | 280 | Żmuda | Krystian | 1991 | M | M30-39 | Warszawa | 00:39:14,50 | 00:39:16,75 | 00:03:55 | 15,28 km/h |
| 17 | 158 | Jutkiewicz | Marcin | 1980 | M | M40-49 | Warszawa | 00:39:33,15 | 00:39:36,20 | 00:03:57 | 15,16 km/h |
| 18 | 144 | Głowacki | Paweł | 1981 | M | M40-49 | Serock | 00:39:34,75 | 00:39:41,05 | 00:03:57 | 15,15 km/h |
| 19 | 256 | Szkółka | Robert | 1973 | M | M40-49 | Chotomów | 00:39:35,45 | 00:39:39,55 | 00:03:58 | 15,15 km/h |
| 20 | 194 | Ładno | Marcin | 1979 | M | M40-49 | Skrzeszew | 00:39:43,45 | 00:39:48,15 | 00:03:58 | 15,1 km/h |
| 21 | 126 | Bruderek | Tomasz | 1978 | M | M40-49 | | 00:39:43,80 | 00:39:48,25 | 00:03:58 | 15,1 km/h |
| 22 | 162 | Kitlas | Rafał | 1981 | M | M40-49 | Warszawa | 00:40:14,90 | 00:40:18,25 | 00:04:01 | 14,9 km/h |
| 23 | 120 | Bisowski | Mariusz | 1974 | M | M40-49 | Kobyłka | 00:40:42,15 | 00:40:45,25 | 00:04:04 | 14,74 km/h |
| 24 | 244 | Siemieniaka | Marek | 1985 | M | M30-39 | Warszawa | 00:40:45,15 | 00:40:55,80 | 00:04:05 | 14,72 km/h |
| 25 | 237 | Rosa | Mariusz | 1978 | M | M40-49 | Zielonka | 00:41:12,00 | 00:41:15,35 | 00:04:07 | 14,56 km/h |
| 26 | 257 | Tomczak | Marcin | 1980 | M | M40-49 | Ciechanów | 00:41:21,50 | 00:41:24,20 | 00:04:08 | 14,5 km/h |
| 27 | 128 | Brzostek | Robert | 1988 | M | M30-39 | Nieporęt | 00:41:59,25 | 00:42:06,65 | 00:04:12 | 14,28 km/h |
| 28 | 231 | Rachwalik | Tomasz | 1972 | M | M50-59 | Stasi Las | 00:42:30,80 | 00:42:35,35 | 00:04:15 | 14,11 km/h |
| 29 | 212 | Mołodkiewicz | Zbigniew | 1973 | M | M40-49 | Warszawa | 00:42:40,90 | 00:42:45,60 | 00:04:16 | 14,05 km/h |
| 30 | 218 | Pawlak | Andrzej | 1984 | M | M30-39 | Komornica | 00:42:59,00 | 00:42:59,95 | 00:04:18 | 13,95 km/h |
| 31 | 175 | Kossakowski | Mateusz | 1994 | M | M18-29 | | 00:42:59,55 | 00:43:02,30 | 00:04:18 | 13,95 km/h |
| 32 | 114 | Augustyniak | Mariusz | 1972 | M | M50-59 | | 00:43:01,85 | 00:43:06,10 | 00:04:18 | 13,94 km/h |
| 33 | 229 | Polak | Artur | 1978 | M | M40-49 | Pilaszków | 00:43:11,15 | 00:43:20,15 | 00:04:19 | 13,89 km/h |
| 34 | 160 | Kamiński | Wiesław | 1967 | M | M50-59 | Warszawa | 00:43:14,10 | 00:43:16,95 | 00:04:19 | 13,87 km/h |
| 35 | 159 | Kacprzak | Łukasz | 1982 | M | M40-49 | Warszawa | 00:43:19,70 | 00:43:25,10 | 00:04:20 | 13,84 km/h |
| 36 | 115 | Babiarz | Andrzej | 1974 | M | M40-49 | Zielonka | 00:43:31,55 | 00:43:36,30 | 00:04:21 | 13,78 km/h |
| 37 | 179 | Kozaczewski | Oskar | 1985 | M | M30-39 | Warszawa | 00:43:33,55 | 00:43:36,35 | 00:04:21 | 13,77 km/h |
| 38 | 249 | Sobota | Krzysztof | 1987 | M | M30-39 | Legionowo | 00:43:42,75 | 00:43:49,25 | 00:04:22 | 13,72 km/h |
| 39 | 165 | Kloc | Maciej | 2008 | M | M13-17 | Arciechów | 00:44:13,80 | 00:44:23,70 | 00:04:25 | 13,56 km/h |
| 40 | 189 | Kuczowski | Jerzy | 1956 | M | M60+ | Ożarów Mazowiecki | 00:44:22,35 | 00:44:32,80 | 00:04:26 | 13,52 km/h |
| 41 | 198 | Maleszka | Paweł | 1963 | M | M50-59 | Jablonna | 00:44:44,85 | 00:44:48,80 | 00:04:28 | 13,4 km/h |
| 42 | 116 | Banaszek | Marcin | 1991 | M | M30-39 | Wołomin | 00:45:03,65 | 00:45:17,55 | 00:04:30 | 13,31 km/h |
| 43 | 195 | Maciejewski | Marek | 1987 | M | M30-39 | Warszawa | 00:45:05,00 | 00:45:07,40 | 00:04:30 | 13,3 km/h |
| 44 | 137 | Fijolek | Łukasz | 1983 | M | M30-39 | Warszawa | 00:45:31,95 | 00:45:35,05 | 00:04:33 | 13,17 km/h |

| | | | | | | | | | | | |
|----|-----|----------------|----------------|------|---|--------|----------------------|-------------|-------------|----------|------------|
| 45 | 143 | Gburczyk | Piotr | 1993 | M | M18-29 | Ząbki | 00:45:37,10 | 00:45:38,20 | 00:04:34 | 13,15 km/h |
| 46 | 254 | Strupiechowski | Jan | 1995 | M | M18-29 | Warszawa | 00:45:56,35 | 00:46:02,85 | 00:04:36 | 13,06 km/h |
| 47 | 193 | Lesiak | Paweł | 1975 | M | M40-49 | Opoczno | 00:45:56,50 | 00:46:02,95 | 00:04:36 | 13,06 km/h |
| 48 | 132 | Chabiera | Michał | 1994 | M | M18-29 | Kobyłka | 00:45:58,65 | 00:46:01,40 | 00:04:36 | 13,04 km/h |
| 49 | 247 | Smietanski | Piotr | 1979 | M | M40-49 | Nasielsk | 00:46:16,45 | 00:46:24,45 | 00:04:38 | 12,96 km/h |
| 50 | 268 | Wołoszyn | Piotr | 1980 | M | M40-49 | Warszawa | 00:46:20,45 | 00:46:25,50 | 00:04:38 | 12,94 km/h |
| 51 | 265 | Wojewódka | Michał | 1984 | M | M30-39 | Warszawa | 00:46:22,75 | 00:46:25,75 | 00:04:38 | 12,93 km/h |
| 52 | 242 | Sekuła | Mateusz | 1994 | M | M18-29 | Truskaw | 00:46:35,40 | 00:46:49,40 | 00:04:40 | 12,87 km/h |
| 53 | 130 | Burkacki | Jacek | 1973 | M | M40-49 | Rynia | 00:46:48,05 | 00:46:55,05 | 00:04:41 | 12,82 km/h |
| 54 | 241 | Sarzała | Dariusz | 1959 | M | M60+ | | 00:46:56,05 | 00:46:58,80 | 00:04:42 | 12,78 km/h |
| 55 | 176 | Kościuczuk | Piotr | 1977 | M | M40-49 | Legionowo | 00:47:13,35 | 00:47:27,10 | 00:04:43 | 12,7 km/h |
| 56 | 149 | Grynfelder | Rafał | 1977 | M | M40-49 | Warszawa | 00:47:16,75 | 00:47:21,05 | 00:04:44 | 12,69 km/h |
| 57 | 240 | Sarzała | Bartłomiej | 1993 | M | M18-29 | Warszawa | 00:47:27,25 | 00:47:30,30 | 00:04:45 | 12,64 km/h |
| 58 | 277 | Ziendara | Franciszek | 2008 | M | M13-17 | Warszawa | 00:47:51,90 | 00:47:53,70 | 00:04:47 | 12,53 km/h |
| 59 | 223 | Piotrowski | Maciej | 1972 | M | M50-59 | Nieporęt | 00:48:02,30 | 00:48:06,55 | 00:04:48 | 12,49 km/h |
| 60 | 135 | Czerwinski | Marek | 1988 | M | M30-39 | Legionowo | 00:48:35,30 | 00:48:43,75 | 00:04:52 | 12,34 km/h |
| 61 | 209 | Miński | Mateusz | 1983 | M | M30-39 | Warszawa | 00:48:42,25 | 00:48:44,80 | 00:04:52 | 12,31 km/h |
| 62 | 275 | Zduniak | Marcin | 1980 | M | M40-49 | Warszawa | 00:48:48,85 | 00:48:58,80 | 00:04:53 | 12,29 km/h |
| 63 | 139 | Frąckiewicz | Dariusz | 1973 | M | M40-49 | Warszawa | 00:49:07,50 | 00:49:17,15 | 00:04:55 | 12,21 km/h |
| 64 | 138 | Fordham | Robert | 1986 | M | M30-39 | London | 00:49:15,60 | 00:49:20,25 | 00:04:56 | 12,18 km/h |
| 65 | 184 | Krawczuk | Piotr | 1976 | M | M40-49 | Stanisławów Pierwszy | 00:49:16,80 | 00:49:23,50 | 00:04:56 | 12,17 km/h |
| 66 | 190 | Kwaśniewski | Michał | 1994 | M | M18-29 | Legionowo | 00:49:21,00 | 00:49:28,65 | 00:04:56 | 12,15 km/h |
| 67 | 164 | Klepacki | Tomasz | 1956 | M | M60+ | Warszawa | 00:49:23,45 | 00:49:34,65 | 00:04:56 | 12,14 km/h |
| 68 | 219 | Paziewski | Andrzej | 1973 | M | M40-49 | Warszawa | 00:49:49,90 | 00:50:00,25 | 00:04:59 | 12,04 km/h |
| 69 | 206 | Mikołajski | Grzegorz | 1982 | M | M40-49 | Szwelice | 00:49:52,80 | 00:50:05,45 | 00:04:59 | 12,02 km/h |
| 70 | 142 | Gawlik | Arkadiusz | 1974 | M | M40-49 | Warszawa | 00:50:03,15 | 00:50:13,10 | 00:05:00 | 11,98 km/h |
| 71 | 239 | Rowicki | Jacek | 1971 | M | M50-59 | Nieporęt | 00:50:06,80 | 00:50:07,95 | 00:05:01 | 11,97 km/h |
| 72 | 174 | Kosicki | Mateusz | 1993 | M | M18-29 | Warszawa | 00:50:12,85 | 00:50:20,75 | 00:05:01 | 11,94 km/h |
| 73 | 180 | Kozoń | Cezary | 1976 | M | M40-49 | Radzymin | 00:50:44,15 | 00:50:50,65 | 00:05:04 | 11,82 km/h |
| 74 | 210 | Mirończyc | Robert | 1988 | M | M30-39 | Radzymin | 00:50:44,35 | 00:50:50,50 | 00:05:04 | 11,82 km/h |
| 75 | 225 | Pniewski | Rafał | 1976 | M | M40-49 | Warszawa | 00:50:46,60 | 00:50:56,15 | 00:05:05 | 11,81 km/h |
| 76 | 295 | Suplicki | Piotr | 1978 | M | M40-49 | 0 | 00:50:59,50 | 00:51:12,95 | 00:05:06 | 11,76 km/h |
| 77 | 188 | Kuciński | Michał | 2008 | M | M13-17 | Aleksandrów | 00:51:01,95 | 00:51:06,95 | 00:05:06 | 11,75 km/h |
| 78 | 156 | Jaworski | Paweł | 1978 | M | M40-49 | Szwelice | 00:51:32,15 | 00:51:45,50 | 00:05:09 | 11,64 km/h |
| 79 | 216 | Opałka | Jan | 1950 | M | M60+ | Płońsk | 00:51:32,95 | 00:51:43,65 | 00:05:09 | 11,63 km/h |
| 80 | 186 | Krzywański | Jarosław | 1969 | M | M50-59 | Nieporęt | 00:51:34,00 | 00:51:38,25 | 00:05:09 | 11,63 km/h |
| 81 | 187 | Kuciński | Łukasz | 1978 | M | M40-49 | Warszawa | 00:51:36,10 | 00:51:44,30 | 00:05:10 | 11,62 km/h |
| 82 | 171 | Komor | Marcin | 1981 | M | M40-49 | Borowa Góra | 00:51:38,05 | 00:51:46,70 | 00:05:10 | 11,62 km/h |
| 83 | 227 | Podgórski | Wacław | 1968 | M | M50-59 | Morgi | 00:52:06,55 | 00:52:15,25 | 00:05:13 | 11,51 km/h |
| 84 | 113 | Aniołkowski | Franciszek | 2002 | M | M18-29 | Nieporęt | 00:52:37,95 | 00:52:44,85 | 00:05:16 | 11,39 km/h |
| 85 | 192 | Latek | Maciej | 1986 | M | M30-39 | | 00:52:56,50 | 00:53:01,55 | 00:05:18 | 11,33 km/h |
| 86 | 260 | Waligórski | Krzysztof | 1964 | M | M50-59 | Marki | 00:53:34,85 | 00:53:43,40 | 00:05:21 | 11,19 km/h |
| 87 | 251 | Staszewski | Robert | 1967 | M | M50-59 | Warszawa | 00:53:39,10 | 00:53:51,95 | 00:05:22 | 11,18 km/h |
| 88 | 215 | Olbryś | Stanisław Adam | 1967 | M | M50-59 | | 00:53:57,00 | 00:53:59,25 | 00:05:24 | 11,12 km/h |
| 89 | 236 | Rogalski | Paweł | 1979 | M | M40-49 | Maków Mazowiecki | 00:53:57,10 | 00:54:00,30 | 00:05:24 | 11,12 km/h |
| 90 | 255 | Strupiechowski | Paweł | 1999 | M | M18-29 | Radzymin | 00:54:07,45 | 00:54:14,35 | 00:05:25 | 11,08 km/h |
| 91 | 294 | Jędrzejczyk | Grzegorz | 2004 | M | M18-29 | 0 | 00:54:14,40 | 00:54:26,25 | 00:05:25 | 11,06 km/h |
| 92 | 298 | Pliszka | Paweł | 1987 | M | M30-39 | 0 | 00:54:15,85 | 00:54:29,50 | 00:05:26 | 11,05 km/h |
| 93 | 183 | Krajewski | Przemysław | 1973 | M | M40-49 | Warszawa | 00:55:37,70 | 00:55:46,40 | 00:05:34 | 10,78 km/h |
| 94 | 122 | Bobrowski | Marcin | 1971 | M | M50-59 | Warszawa | 00:55:38,95 | 00:55:45,45 | 00:05:34 | 10,78 km/h |
| 95 | 296 | Zaremba | Karol | 2003 | M | M18-29 | 0 | 00:55:40,35 | 00:55:52,20 | 00:05:34 | 10,77 km/h |
| 96 | 157 | Jonko | Marcin | 1979 | M | M40-49 | Michałów-Grabina | 00:56:09,40 | 00:56:17,60 | 00:05:37 | 10,68 km/h |

| | | | | | | | | | | | |
|-----|-----|--------------|-----------|------|---|--------|-----------|-------------|-------------|----------|------------|
| 97 | 221 | Pietrucha | Krzysztof | 1982 | M | M40-49 | Nieporet | 00:57:06,40 | 00:57:09,50 | 00:05:43 | 10,5 km/h |
| 98 | 213 | Morgado | Francisco | 1988 | M | M30-39 | Warszawa | 00:57:28,55 | 00:57:33,45 | 00:05:45 | 10,43 km/h |
| 99 | 123 | Bogucki | Wojciech | 1969 | M | M50-59 | Warszawa | 00:57:50,55 | 00:57:59,60 | 00:05:47 | 10,37 km/h |
| 100 | 166 | Kloc | Piotr | 1977 | M | M40-49 | Arciechów | 00:57:54,00 | 00:58:06,25 | 00:05:47 | 10,36 km/h |
| 101 | 287 | Winiarek | Michał | 1982 | M | M40-49 | Pruszków | 00:58:31,80 | 00:58:43,05 | 00:05:51 | 10,25 km/h |
| 102 | 271 | Wróbel | Mateusz | 1997 | M | M18-29 | Warszawa | 00:58:42,50 | 00:58:55,65 | 00:05:52 | 10,22 km/h |
| 103 | 147 | Gramann | Andrzej | 1949 | M | M60+ | Krubin | 00:58:54,90 | 00:59:00,15 | 00:05:53 | 10,18 km/h |
| 104 | 153 | Hulanicki | Andrzej | 1958 | M | M60+ | Warszawa | 00:59:10,60 | 00:59:21,35 | 00:05:55 | 10,13 km/h |
| 105 | 173 | Korzeniowski | Szymon | 1976 | M | M40-49 | Warsaw | 01:01:11,85 | 01:01:22,00 | 00:06:07 | 9,8 km/h |
| 106 | 136 | Czerwiński | Janusz | 1960 | M | M60+ | | 01:01:37,70 | 01:01:44,05 | 00:06:10 | 9,73 km/h |
| 107 | 246 | Skakluk | Jan | 1951 | M | M60+ | Legionowo | 01:02:46,20 | 01:02:57,55 | 00:06:17 | 9,55 km/h |
| 108 | 201 | Matusiewicz | Karol | 1977 | M | M40-49 | Chotomów | 01:14:54,80 | 01:15:12,65 | 00:07:29 | 8 km/h |